



ROBINSON'S TAEKWONDO, INC.

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SEPTEMBER 2007 NEWSLETTER

Cape Cod Tournament – September 8, 2007 – Info available at front desk. Please register at event.

Delaware Tournament – September 22, 2007. Info available at front desk. This is a pre registration event. Please pre register with Lisa.

Black Belt PT Test – Sunday September 16 at 5:00 PM. Please meet at John Jay High School. In the event of rain or poor weather conditions please meet at the school.

Board Breaking Buddy Day – Wed & Thurs Sept 19 & 20 for KFK and Monday Sept 24 for Tiny Tigers – We will be having an exciting Buddy Day. Each student who brings a Buddy will be able to break a real wood board with their buddy during class. All buddies must have a consent form signed by their parent. A great opportunity to invite families to the school and expose them to a special training session.

Face masks – Effective as of World's 2007 ATA requires all competitors to wear a protective face mask. This mask will provide more protection to the facial area while still allowing good vision of the opponent. We are encouraging all students to purchase one and will make this a necessary piece of gear as of January 1, 2008.

KIDZ' N Power – I hope you and your family make plans to join us for our Kidz 'n Power child safety open house. Kidz n Power is the latest course on child safety endorsed by Amber Alert exclusively taught by the ATA. With child abduction at an all time high, ATA Martial Arts is committed to educating children and parents to minimize the risk of abduction through our Kidz' n Power program. The seminar will include the most recent video footage on prevention, actual role plays, how to deal with Bullies, self defense maneuvers, child ID and finger printing kits, refreshments and more. A great opportunity to invite friends and families to this free community service event.

Hapkido schedule change – As of September 4 the current Hapkido schedule is going to change. The Friday class is going to be moved to Thursday nights at 8:10 PM.

CPR Certification – Saturday September 15, 2007 from 4:00-6:30 PM. CPR Certification through the American Heart Association. Cost \$89.00. Space limited to 10. Sign up at front desk.

Robinson's Taekwondo is developing a new elite fitness program – Look for this exciting new program soon.