



ROBINSON'S TAEKWONDO, INC.

850 Route 376 Wappingers Falls, New York 12590
Phone: 845-226-6420 Fax: 845-226-4359



MAY 2008 NEWSLETTER

World Championship Training – Mr. R and or Mr. Devizio will personally be conducting training for those students who will be competing at World Championships this year. Classes will be Sunday afternoons from 4:30-6:00 PM on the following dates.

May 4, 11, 18 and June 1, 8, 15. All attendees must pre register with Lisa for all workouts now. Cost \$60 per student includes all 6 workouts.

Summer Camps – Taekwondo summer camp will be the week of July 14th - 18, 2008. This camp will book quickly. Mon-Fri from 9:00 AM till 12:30 PM. Our popular Taekwondo camp will be open to all BBC and Masters Club Members. Camp fee includes all instruction, school T-shirt, snacks, drinks and the Friday Pizza Party. The camp will take a max of 18 students. Cost \$199.00. Sign up now. **We will be introducing the glow in the dark Long Staff at this camp.** A night time show will be held the last day of the camp. Glow in the dark staff not included in camp cost. First come first serve basis. To reserve a space see Lisa. A \$25.00 non refundable deposit will be required.

Hapkido Camp – August 4-8, 2008. This camp was full last year. Mon- Friday 9AM-12:30 PM. An intense week of one of the most effective Street Self Defensive tactics around. Learn joint locks, weapons disarming, weapons self defense tactics, ground fighting and the Cane for combat. This camp is available to all students 12 years and older, teens, adults and parents. Cost \$199.00. First come first serve basis. To reserve a space see Lisa. A \$25.00 non refundable deposit will be required.

Elite Training – Robinson's Taekwondo is in the process of designing a new martial arts fitness program. It will be the first of its kind. The program will offer a new Elite training Uniform, an entire new patch system, a challenging fitness and martial arts training program with specific fitness challenge times where students can be awarded the next patch or move up to the next level. A launch date will be announced soon. Get ready to be challenged.

A note regarding spring and summer sports - With the spring coming up we are happy to see many of our students get involved in outdoor sports. Taekwondo is an art that teaches discipline and enhances performance in school or on the field. It is not surprising that our students excel on the field and are cherished by their coaches. Several parents each year ask if it would be ok to take the spring or summer off. I by no means support such a decision, as it will be detrimental to the continuity and growth of individual martial arts training. Martial Arts is not a seasonal sport but a continuous character building art. Please be sure to speak with Mr. Robinson if your schedule becomes an issue or you need additional assistance.