



ROBINSON'S TAEKWONDO, INC.

850 Route 376 Wappingers Falls, New York 12590
Phone: 845-226-6420 Fax: 845-226-4359



APRIL 2009 NEWSLETTER

A note about Mr. Robinson – I appreciate everyone's patience, prayers and encouragement. Two weeks ago we found out my father in law had a massive brain tumor. As a result he had a 12 hour operation last week and was in critical condition in ICU. He is slowly recovering and has been moved to Helen Hayes. In addition my wife has become quite ill at the same time. As a result I have not been to the school daily. I hope to be back more regularly after the Spring Recess.

New Program & Exciting changes to existing programs – In the May Newsletter we will announce the beginning of a new program that we will be offering titled Hapkido 4 Kidz. In addition we will be announcing new changes to our existing BBC and MC program. Some of the changes will include color uniforms. Black for Black Belt Club, Red for Masters Club and Blue for Leadership. Exciting details to follow soon.

Can I wear shoes in class? We encourage students to train barefoot. If a student has a foot condition where they need to wear shoes our school offers Pine Tree Martial Arts Shoes for sale. The shoes are made in Korea and are designed specifically for Taekwondo training. Students may purchase these shoes and wear them during class. The shoes can only be worn in class so they remain clean and can't be worn during free sparring or board breaking for safety purposes. We will be very strict with the shoes only being worn in the school and not outdoors or in the parking lot so we can keep the mats clean.

Equipment sale – We have a surplus sale on mats and kicking bags at a significant savings. Mats are 39 X 39 inches regularly \$39 per sheet now \$19.50 per sheet while supplies last. Great for home workout area. Available in blue and red, mats are reversible. Also 2 Junior Wave master Kicking Bags on sale for \$99.00 each regularly \$149.00 also 2 Adults Bags \$149.00 each regularly \$199.00.

NJ Tournament – April 18, 2009. Master Raimondi will be hosting an "A" Tournament in NJ. All students who have all of their stripes and have direct approval from Mr. Robinson may compete. If a student would like to attend the event and does not have all their stripes please see Mr. R for pre approval. Registration forms are available at the front desk. All students must pre-register at the school for this event.

A note regarding spring and summer sports - With the spring coming up we are happy to see many of our students get involved in outdoor sports. Taekwondo is an art that teaches discipline and enhances performance in school or on the field. It is not surprising that our students excel on the field and are cherished by their coaches. Several parents each year ask if it would be ok to take the spring or summer off. I by no means support such a decision, as it will be detrimental to the continuity and growth of individual martial arts training. Martial Arts is not a seasonal sport but a continuous character building art.