



## ROBINSON'S TAEKWONDO, INC.

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### MARCH 2008 NEWSLETTER

**Glow n the Dark Nunchaku Seminar** – A very exciting Glow N the Dark Nunchaku Seminar will be held on **Friday night March 14 @ 6. PM.** The seminar is open to all BBC and Master's Club members. Please sign up with Lisa. The Nunchaku's come in different colors and sizes. Colors available will be blue, green, hot pink, yellow and red. BBC members will receive 1 Glow Chuck and Master's Club 2. Cost \$35.00 for BBC members and \$46.00 for Master's Club members. Seminar includes weapons, instruction and glow insert(s). **Sign up now. Deadline is March 8, 2008.**

**Ground Fighting Seminar – March 28, 2008 from 6-8 PM.** Open to all teens, adults and Black Belts over the age of 10. One of the most important self defense seminars you will ever take. Know how to defend your self from the ground. The seminar will teach how to defend against a puncher, stomper, choker, rape assault, basic ground survival skills and how to fall. Attendees will need a mouth piece, elbow pads and guys will need a groin cup. Cost \$38.00. Gear may be purchased at the front desk. Limited to 12.

**Boster's Photo Session** – Boster's Photo America's premier Martial Arts photography studio will be at the school **Friday March 28, 2008.** For more info pick up a flyer at the front desk. All photo sessions are by appointment. See Lisa to reserve your space now.

**Summer Camps – Taekwondo summer camp will be the week of July 14<sup>th</sup> - 18, 2008.** This camp will book quickly. Mon-Fri from 9:00 AM till 12:30 PM. Our popular Taekwondo camp will be open to all BBC and Masters Club Members. Camp fee includes all instruction, school T-shirt, snacks, drinks and the Friday Pizza Party. The camp will take a max of 18 students. Cost \$199.00. Sign up now. **We will be introducing the glow in the dark Long Staff at this camp.** A night time show will be held the last day of the camp. Glow in the dark staff not included in camp cost. First come first serve basis. To reserve a space see Lisa. A \$25.00 non refundable deposit will be required.

**Hapkido Camp – August 4-8, 2008. This camp was full last year.** Mon- Friday 9AM-12:30 PM. An intense week of one of the most effective Street Self Defensive tactics around. Learn joint locks, weapons disarming, weapons self defense tactics, ground fighting and the Cane for combat. This camp is available to all students 12 years and older, teens, adults and parents. Cost \$199.00. First come first serve basis. To reserve a space see Lisa. A \$25.00 non refundable deposit will be required.

**A note regarding spring and summer sports** - With the spring coming up we are happy to see many of our students get involved in outdoor sports. Taekwondo is an art that teaches discipline and enhances performance in school or on the field. It is not surprising that our students excel on the field and are cherished by their coaches. Several parents each year ask if it would be ok to take the spring or summer off. I by no means support such a decision, as it will be detrimental to the continuity and growth of individual martial arts training. Martial Arts is not a seasonal sport but a continuous character building art.